



Alex joins his Heroes – To “Help the Heroes”

Former Lions player Alex Goode gets the opportunity of a lifetime



Former Lions player Alex Goode, recently got the opportunity of a lifetime, by playing alongside some of English rugby's greats. Alex was selected to play in the “Help the Heroes” Charity Challenge match at Twickenham.

The match between Lawrence Dallaglio's Help for Heroes XV and Scott Gibbs International Select XV was held on Saturday 20th September. The charity raises funds to help with the care, and rehabilitation of British service personnel injured in Iraq and Afghanistan.

20 year old Alex was called into Dallaglio's side, where he shared a changing room with the likes of World Cup Winners Martin Johnson, Jason Robinson and Will Greenwood.

The selection came out of the blue for Alex, who currently plays his Club rugby for Saracens.





Alex said that he received a call from Phil De Glanville, the team manager, and it was Phil who asked him to play. He went on to say " I'm sure it was because Nigel Redman was the coach, and he was the coach for the England U20 squad when we played in the Junior World Cup last June "

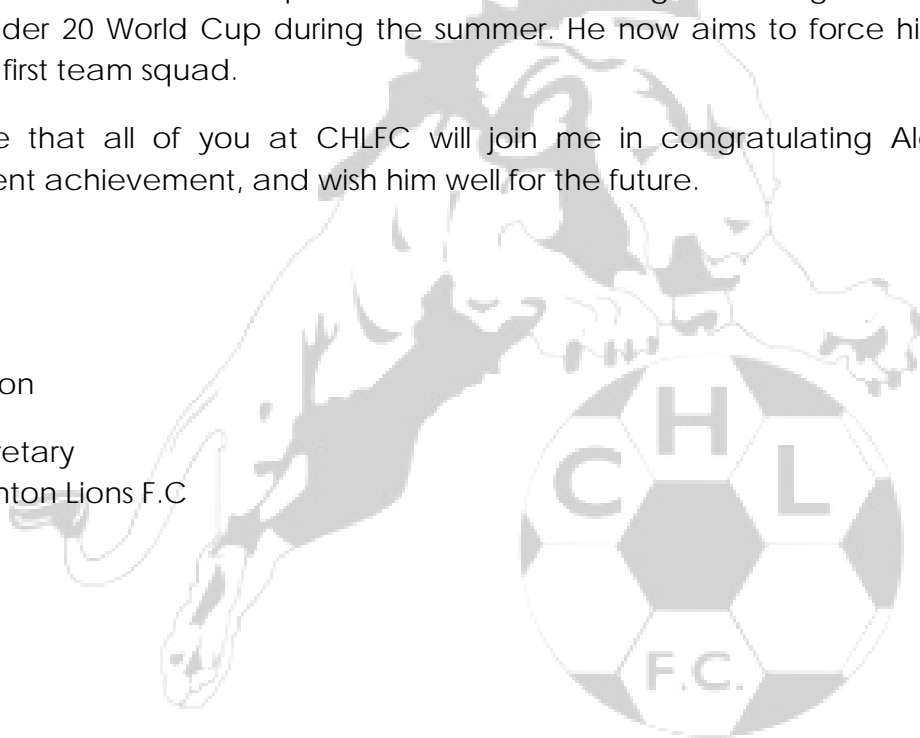
" It was fantastic, a great privilege that I will never get again, to share the match with Lawrence and Martin. Us young guys stood in awe of those legends around us, it was an opportunity that I just couldn't miss. I rate it as the biggest accolade and achievement of my life, so far. "

This memorable achievement for Alex comes just after earning himself a new two year contract with Premiership Club Saracens, following his starring role for England at the Under 20 World Cup during the summer. He now aims to force his way into Saracens first team squad.

I am sure that all of you at CHLFC will join me in congratulating Alex on this magnificent achievement, and wish him well for the future.

Dave Heron

Club Secretary
Cherry Hinton Lions F.C





Match details:

Help for Heroes XV 29 International XV 10

Help for Heroes XV: M Roberts (Army); M Odejobi (Wasps), W Greenwood (England), J Robinson (England), D Luger (England); A Goode (Saracens), J Simpson (Wasps); N Catt (Bath), M Regan (Bristol & England), T Mercey (Saracens), R Sugden (Army), S Hobson (Bath), M Cornish (RAF), R Hill (England), L Dallaglio (England, capt).

Replacements: M Johnson (England), T O'Keeffe (Royal Marines), R Matthews (RAF), P Volley (London Scottish), M Offiah (Great Britain), D Pascoe (Royal Navy), D Shabbo (London Irish), G Leonard (RAF), H Barratt (Wasps).

Tries: Hill, Catt, Greenwood, Simpson. **Conversions:** Goode (2), Dallaglio. **Penalty goal:** Goode.

International XV: J Bishop (Ireland); K Phillips (Ospreys), A Flammia (RAF), S Gibbs (Wales, capt), K Logan (Scotland); R Priestland (Scarlets), G Easterby (Otley, Ireland); D Hilton (Scotland), G Bulloch (Scotland), D Morris (Wales), G Llewellyn (Wales), H Parr (RAF), D Jones (Scarlets & Wales), C Charvis (Wales), J Kava (Army).

Replacements: S Byrne (Ireland), S Ruwers (Worcester), M Cormack (Royal Navy), M Lee (Army), Z Feaunati (Bath & Samoa), M Young (Newcastle), M Rhodes (Royal Marines), D Hewitt (Cardiff Blues), M Stephenson (Bath).

Tries: Phillips, Logan.

Referee: S Davey.